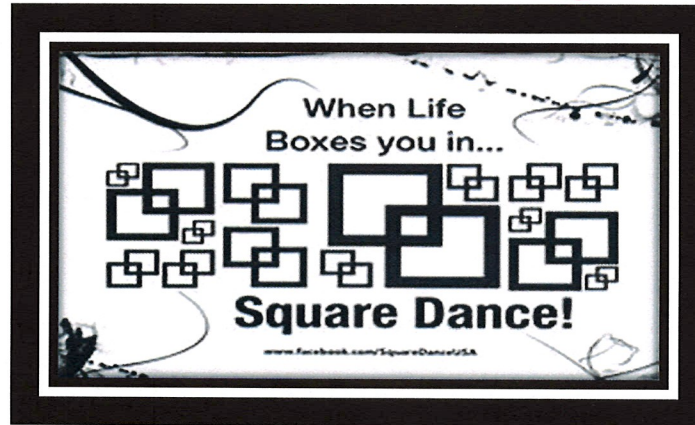


Exercise Your Mind and Body All While Making Friends and Having Fun

Join The Blue Ridge Stars For Family Fun Nights
And Learning
Social Square Dancing!



Every Thursday Evening

7:00pm to 9:00pm

Coolwell Recreation Center

640 N Coolwell Rd, Amherst Va. 24521



No experience is necessary!

If you can walk you can square dance!

- Dance to a variety of music
- Get your steps in and blast away the calories
- Reduce stress and loneliness while making friends
 - Casual dress (wear comfortable shoes)
 - Couples and Singles Welcome
- Good clean fun for the whole family (age 10+)

Contact Barbara Campbell for more information

1-434-660-2703

Facebook at: The Blue Ridge Stars Square Dance Club



Sponsored by Amherst County Parks & Rec.

